## August 2020

## Lunch To Go—City of Issaquah Senior Center Mon, Wed & Thu City of Issaquah / Tue & Fri CCS - TIME 12—12:30pm

Mon City Lunch	Tue CCS Lunch	Wed City Lunch	Thu City Lunch	Fri CCS Lunch
3 Cobb Salad (bacon, chicken, blue cheese, hard boiled eggs & more) Fruit, Dessert	Meatloaf Potatoes & Gravy Carrots, Oranges	Taco Salad  Dessert	Shrimp Rice Casserole  Dessert	Fish & Chips Coleslaw, Yogurt, Strawberry Rhubarb Compote
Meatball Subs Chips, Ice Cream Bars	Baked Cod Roasted Mediterranean Veggies, Oatmeal Raisin Cookie	BBQ Ribs Potato Salad Baked Beans Fruit	Breakfast for Lunch Chef's Choice	Spinach Pasta Bake Carrot & Raisin Salad Berries w/ Whip Cream
BBQ Pork Face Sandwich Chips Dessert	Salmon Filet Wild Rice, Caesar Salad Ice Cream w/ Rhubarb Sauce	Chicken Salad Sandwich Chips, Pickle Fruit	Shepherd's Pie Cornbread Fruit	Pork Chops w/ Apples Cucumber Tomato Feta Salad Rice Pudding
Meat Lasagna Salad, Garlic Bread Dessert	Hungarian Goulash Broccoli, Pound Cake w/ Strawberries & Whip Cream	Annette's Fried Chicken Fries Coleslaw	Chicken Shrimp Gumbo over Rice Fruit Dessert	28 Cream Tomato Fettuccine Green & Yellow String Beans, Wheat Roll Fruit Cocktail
Chicken Stir Fry w/ Veggies and Rice Dessert	Chui	just	Suggested Contribution is \$4.50 for 60+ years old & Cost is \$6.50 for under 60 years old.  This Menu is subject to change.  Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.	



